

GREAT MEADOWS REGIONAL SCHOOL DISTRICT
OFFICE OF THE SCHOOL NURSE

Beth Hendershot, RN
Central School (908) 637-4351

Jodie DeCostanza, RN
Liberty School (908) 637-4115

Cheryl Wilson, RN
Middle School (908) 637-4349

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APPROVED LIST OF FOODS FOR CLASSROOM CELEBRATIONS

PLEASE BRING ALL FOOD IN THE ORIGINAL SEALED PACKAGING

Rold Gold Pretzels

Cheese Sticks

Go gurt/Yogurt (can be frozen)

Rice Krispy Treats (Store bought only)

Oreos (Original Only)

Annie's Pretzels

Barnum Animal Crackers

Teddy Grahams

Ritz Crackers

Scooby-Doo Baked Graham Crackers

Annie's Orchard Fruit Bites

Mott's Fruit Snacks

Cheerios

Rice Chex

Applesauce

Whole fruit (must be cut at school using designated equipment)

Fruit platters (ONLY STORE BOUGHT PREPACKAGED)

Fruit dips (MUST BE BRAND NEW and STORE BOUGHT WITH LABEL)

Vegetables trays (MUST BE BRAND NEW and STORE BOUGHT WITH LABEL).

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Philly Pretzel Factory Regular salted pretzels (NOTE: CONTAINS WHEAT, WHEY, SESAME, AND POPPY)

Luigi Ice Pops (check for students with allergies to food dyes)

Pizza (must be nurse approved)

Suggested drinks: water, apple juice, apple cider

Absolutely no nuts can be served.

Watch for foods made in a factory that produces peanut/nut products.

No candy allowed.

Sugar cannot be listed as the first ingredient in any food or drink.

List is subject to change with the discretion and approval of the school nurse and administration only.